

THE COMPLETE BREAKFAST

AT **Seed**
FLAVOURFUL MOMENTS

€19.50 P.P

Select 1 from each option

HOT FAVOURITE OPTIONS

EGGS BENEDICT

Poached eggs on an English muffin with bacon,
dressed with hollandaise sauce

EGGS ROYALE

Poached eggs on an English muffin with smoked
salmon and chives,
dressed with hollandaise sauce

'DUCK PROSCIUTTO' EGGS BENEDICT

Poached eggs on an English muffin with duck
prosciutto and celeriac remoulade,
dressed with hollandaise sauce

OMELETTE

To choose from ham, cheese, bacon,
mushroom or smoked salmon

COOKED PORRIDGE

Berry compote and almonds

HEALTHY OPTIONS

EGG WHITE OMELETTE

To choose from ham, cheese, mushroom,
or smoked salmon

WHOLE MEAL CREPE, RICOTTA PESTO AND PINE NUTS

WHOLE MEAL LOAF, AVOCADO, SMOKED SALMON, DILL

WET POLENTA, WILD MUSHROOM AND DATES

Kindly inform us if you have any dietary requirements
or if you suffer from any food allergies